

KINDERGARTEN MENU

DAY	WEEK	MENU	VEGETARIAN	SALAD	FRUIT
Monday	Week 1	Fish finger with rice, peas or corn	Chickpea falafel	variety	variety
Tuesday	Week 1	Pasta with sauce Bolognese and cheese	Pasta with tomato sauce and cheese	variety	variety
Wednesday	Week 1	Pancakes with cinnamon sugar, chocolate sauce	same	variety	Banana, berries
Thursday	Week 1	Sausages with baby potato, sweet corn	Boiled egg	variety	variety
Friday	Week 1	Margarita pizza	same	variety	variety
Monday	Week 2	Homemade chicken schnitzel with baby potato, broccoli	Aubergine-schnitzel	variety	variety
Tuesday	Week 2	Pasta with sauce Bolognese and cheese	Pasta with tomato sauce and cheese	variety	variety
Wednesday	Week 2	Pancakes with cinnamon sugar and apple sauce	same	variety	Banana, 1 other fruit
Thursday	Week 2	Fried Meat loaf with butter rice, sweet corn	Lentil dhal	variety	variety
Friday	Week 2	Build your own sandwich	same	variety	variety

Menu can change subject to the childrens' taste/liking

Something new:

- *build your own sandwich with variety of vegetable, cheese, cold meat, boiled eggs,..
- *build your own burger with variety of salad, pati, sauce,..
- *build your own wrap with variety of salad, cheese, coleslaw, chickpeas, humus
- Build your own pitta with variety of vegetable, chicken strips/Haloumi and Humus
- *boiled egg in mustard sauce and baby potato
- *cheese spaetzli
- *chicken skewer/ vegetable skewer with tzatziki and couscous
- *potato rosti with apple sauce
- *meat balls with roast potato
- *potato soup or roasted butternut soup with sausage in wintertime